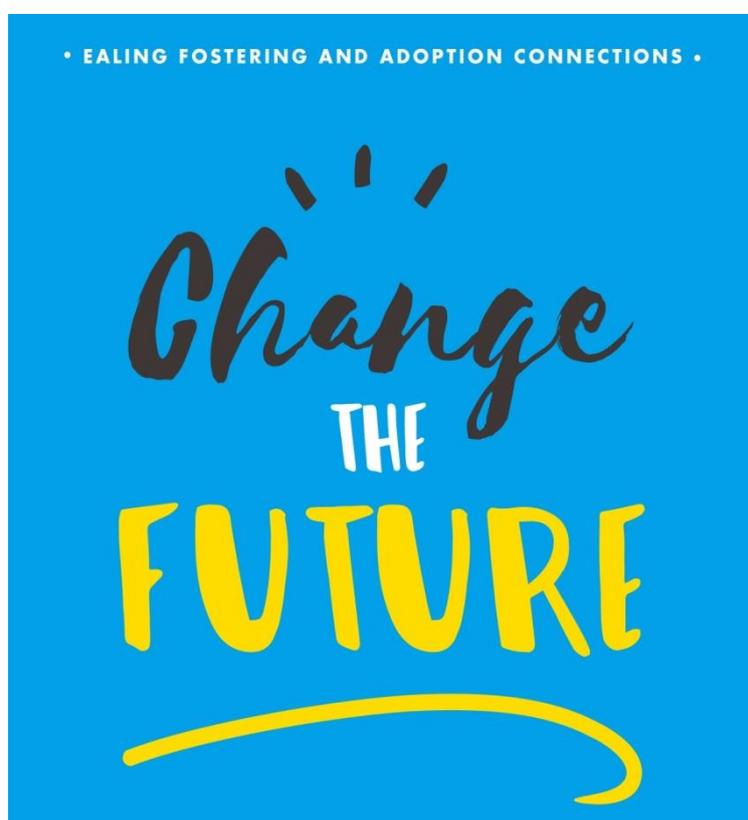


Ealing Council
Social Care Training & Development

EALING FOSTER CARERS' TRAINING PROGRAMME



April 2017 – March 2018

Contents

Welcome!	3
Training requirements	3
Core training courses	4
Developmental level courses	4
How to apply to attend a course	4
How to cancel a place on a course	5
Meeting minimum training requirements	5
Contacts	5
Training Course Calendar	6
Nurturing Attachments Programme	8
Joint Training	10
Training, Support & Development Standards	11
Foster Carer Support Group Meetings	12
Maps of Training Venues	13

Welcome!

Welcome to the Ealing Foster Carers' Core Training Programme for 2017/2018. This year, the programme continues to focus on **Nurturing Attachments**. This exciting programme will give carers an overview of attachment theory, an introduction to therapeutic parenting and develop a framework for resilience and emotional growth. It will explore models of parenting and will specifically look at building relationships with children and managing their behaviour. Sitting alongside the Nurturing Attachments Programme will be our core training.

Why do I need training?

In Ealing, we are constantly aiming to provide an excellent service to the children and young people in our care. We consider that taking advantage of training and development opportunities are central to a carer's own development and to achieving this aim.

We also need to comply with the National Minimum Standards for Fostering Services that state in the outcome for Standard 20, 'foster carers receive the training and development they need to carry out their role effectively' and that 'a clear framework of training and development is in place and this is used as the basis for assessing foster carers' performance and identifying their training and development needs'. In addition, we need to comply with the requirement that 'all foster carers, including all members of a household who are approved foster carers, are supported to achieve the Training, Support & Development Standards for Foster Care (Standard 20.2)'.

What are the benefits of attending training?

By attending training you will be able to further your development by enhancing your knowledge and skills. You will have an opportunity to discuss areas of common interest and concern and to learn from one another as well as from the trainer. It is important for you to keep up to date with your learning as policies and procedures change.

You will be given a certificate of attendance for any training course that you complete, and a reflection sheet to fill in to help you identify what you've learned, and to think about how you will put this learning into practice. This paperwork will help you to build up your training portfolio.

How much training do I need to attend?

This will be dependent on your individual needs. Some carers may need more support than others. But remember, no matter how experienced you are there is always something new to learn.

Therefore, we provide no upper limit to how much training you can attend. However, as training is such a crucial part of your fostering role, you should be attending at least 3 courses per year. This is linked to your weekly fostering fee as per the Ealing Foster Carers' Allowance Scheme.

New carers are required to complete the Training, Support & Development Standards for Foster Care within the first 12 months of their approval. They must also attend all core training within their first 2 years of approval.

Core Induction Level Training Courses

The courses listed below are core training courses and cover key areas of your role as a foster carer. As a minimum, we would expect you to attend at least 3 of these core training courses within your first year of fostering.

- Child Development
- Child Protection and Legislation
- Delegated Authority
- First Aid (need to attend every 3 years)
- Health & Safety Awareness
- Recording for new & experienced foster carers
- Safer Caring (need to attend every 2 years)

Your supervising social worker/support worker will discuss with you which of these courses you will be expected to attend in your first year and you should aim to have attended them all within your first 2 years of fostering.

New carers are also required to complete the **Training, Support & Development Standards for Foster Care**. Please see page 25 for further details.

All carers need to attend safeguarding children and safer caring training every 2 years and the first aid course must be refreshed every 3 years.

Developmental Level Courses (Continuing Professional Development)

The following courses are for experienced carers, but if any of these courses are of particular relevance to you in your first year, please discuss this with your supervising social worker/support worker.

- Child Sexual Exploitation & Missing Children
- Life Story Work

Your supervising social worker/support worker will discuss your training needs with you on a regular basis and you should also take into account any training needs that are identified at your annual foster carer's review.

How do I apply to attend a course?

All bookings will be made via our online booking system, Ealing CPD Online, which you can access anywhere via the Internet (smartphone/laptop/tablet/PC).

You can access CPD Online via the following link: <http://fostercare.ealingcpd.org.uk>

Once you have discussed your training needs with your supervising social worker/support worker, please book your place via CPD Online. If you do not have access to CPD Online, you can book your place via your supervising social worker.

If we are able to offer you a place on a course, we will confirm the details with you approximately 2-3 weeks before the course is due to take place. If the course is over-subscribed, the Fostering Training Officer will prioritise the applications.

What about childcare arrangements?

If you need to make childcare arrangements for a foster child, to enable you to attend a training course, it has been agreed that you can claim babysitting fees on production of a receipt once the course has taken place (please refer to the Foster Carers' Handbook for current rates). Remember that any babysitter you use must be an adult and must have a valid DBS check.

What about parking?

Where no street parking is available, it has been agreed that you can claim parking fees for the duration of the training course on production of a receipt. Please arrange this with your supervising social worker/support worker.

How do I cancel a place on a course?

If you are booked onto training which you are no longer able to attend, it is extremely important to let us know. **All cancellations must be made via CPD Online at least two working days (Mon-Fri) before the course is due to run.** Any cancellations received after this time will incur a charge of £20 per course.

If you are booked onto a course and you do not attend, without giving us any notice, you will incur a charge of £20. We will notify you of any charges incurred via a non-attendance email.

All cancellations must be made via CPD Online. Alternatively, you can notify your Supervising Social Worker, who will then email Social Care Training & Development directly.

What if I do not attend the minimum training?

We expect that all Ealing foster carers will be able to attend at the very least 3 training courses per year. Under the Ealing Foster Carers' Allowance Scheme this is a requirement in order for carers to receive the weekly fostering fee. Training and development activities that you have attended will be monitored at your annual review and will be reviewed by the Fostering Panel or the Operations Manager. The fostering fee will not be paid if carers have not attended the minimum of 3 training courses per year.

Contacts

Social Care Training and Development Team	TrainingSocialCare@ealing.gov.uk	020 8825 8780
---	--	---------------

Training Course Calendar

For further information and objectives please refer to the details section for each course on CPD Online.

NB. Saturday courses are in blue

Course	Date
Child Development and Attachment	TBC

MAY 2017

Course	Date
Child Protection and Legislation	24/05/2017

JUNE 2017

Course	Date
Moving Children On	06/06/2017
Child Sexual Exploitation and Missing Children	07/06/2017
Valuing & Understanding Heritage	29/06/2017

JULY 2017

Course	Date
Health & Safety Awareness	07/07/2017

SEPTEMBER 2017

Course	Date
First Aid (Emergency Procedures) 2 half days, day 1	21/09/2017
First Aid (Emergency Procedures) 2 half days, day 2	22/09/2017

OCTOBER 2017

Course	Date
Safe Handling & De-escalation Skills - Day 1	12/10/2017
Safe Handling & De-escalation Skills - Day 2	13/10/2017
Life Story Work	14/10/2017
Recording for new & experienced carers	31/10/2017

NOVEMBER 2017

Course	Date
Safer Caring	30/11/2017

JANUARY 2018

Course	Date
Moving Children On	30/01/2018

FEBRUARY 2018

Course	Date
First Aid (Emergency Procedures)	03/02/2018
Delegated Authority	28/02/2018

MARCH 2018

Course	Date
Domestic Violence and Impact on Children	15/03/2018
Safer Caring	17/03/2018

Nurturing Attachments Programme

This exciting programme will give carers an overview of attachment theory, an introduction to therapeutic parenting and develop a framework for resilience and emotional growth. It will explore models of parenting and will specifically look at building relationships with children and managing their behaviour.

The programme will be delivered over 3 modules split into 18 workshops.

Module One provides an understanding of Attachment Theory, patterns of attachment and an introduction to therapeutic parenting. There is particular emphasis on the development of mind-mindedness so that carers learn to notice their own internal experience, in preparation for reflecting on the children's internal experience in the next two modules.

Module Two introduces the House Model of Parenting, providing guidance on how to help the children experience the family as a secure base. Parents are also encouraged to look after themselves as an important part of building security with their children.

Module Three continues exploring the House Model of Parenting, with consideration of how carers can both build a relationship with the children before correction of their behaviour. In this way the children's confidence and security increases.

Bookings

This is a mandatory programme for all carers. We are running 2 cohorts this year. Please book onto the cohort where you are able to attend ALL 18 workshops. As places are limited, please book early to ensure you get your preferred cohort. New carers should prioritise core training and the Training, Support & Development Standards first.

COHORT : 6			
Module	Workshop	Date	Venue
Module One Attachment Theory & Therapeutic Parenting	Workshop 1	12/06/2017	Perceval House
	Workshop 2	19/06/2017	Perceval House
	Workshop 3	26/06/2017	Perceval House
	Workshop 4	03/07/2017	Perceval House
	Workshop 5	10/07/2017	Perceval House
	Workshop 6	17/07/2017	Perceval House
Module Two The House Model of Parenting – Providing a Secure Base	Workshop 7	11/09/2017	Perceval House
	Workshop 8	18/09/2017	Perceval House
	Workshop 9	25/09/2017	Perceval House
	Workshop 10	02/10/2017	Perceval House
	Workshop 11	09/10/2017	Perceval House
	Workshop 12	16/10/2017	Perceval House

Module Three The House Model of Parenting – Building Relationships & Managing Behaviour	Workshop 13	06/11/2017	Perceval House
	Workshop 14	13/11/2017	Perceval House
	Workshop 15	20/11/2017	Perceval House
	Workshop 16	27/11/2017	Perceval House
	Workshop 17	04/12/2017	Perceval House
	Workshop 18	11/12/2017	Perceval House

COHORT : 7			
Module	Workshop	Date	Venue
Module One Attachment Theory & Therapeutic Parenting	Workshop 1	07/11/2017	Perceval House
	Workshop 2	14/11/2017	Perceval House
	Workshop 3	21/11/2017	Perceval House
	Workshop 4	28/11/2017	Perceval House
	Workshop 5	05/12/2017	Perceval House
	Workshop 6	12/12/2017	Perceval House
Module Two The House Model of Parenting – Providing a Secure Base	Workshop 7	19/12/2017	Perceval House
	Workshop 8	09/01/2018	Perceval House
	Workshop 9	16/01/2018	Perceval House
	Workshop 10	23/01/2018	Perceval House
	Workshop 11	30/01/2018	Perceval House
	Workshop 12	06/02/2018	Perceval House
Module Three The House Model of Parenting – Building Relationships & Managing Behaviour	Workshop 13	20/02/2018	Perceval House
	Workshop 14	27/02/2018	Perceval House
	Workshop 15	06/03/2018	Perceval House
	Workshop 16	13/03/2018	Perceval House
	Workshop 17	20/03/2018	Perceval House
	Workshop 18	27/03/2018	Perceval House

Joint Training

We are offering a variety of jointly run courses. This will enable foster carers, children's social workers and any other relevant professionals working around the child, to attend training together and have a shared experience. This will also allow you to gain a deeper understanding of other professional's roles and thus enable you to build better working relationships that ultimately lead to better outcomes for the looked after children.

Date	Course	Time	Venue
14/10/2017	Life Story Work	10.00 - 16.00	St Andrews Church Centre
15/03/2018	Domestic Violence and Impact on Children	10.15 - 14.30	M1.15, Perceval House

Your supervising social worker/support worker will help to support you to attend any of the above training and process any payments for childcare and/or parking.

Further details and bookings can be made on CPD Online: <http://fostercare.ealingcpd.org.uk>

The following fostering courses are foster care focussed but are also open to Children's Services staff:

- Delegated Authority
- Child Sexual Exploitation & Missing Children

Training, Support & Development Standards for Foster Care

The Training, Support & Development Standards for Foster Care have been designed to support foster carers through their first year of fostering. The standards set out what foster carers should know and be able to do in a clear way.

There are seven standards to complete:

Standard 1: Understand the principles & values essential for fostering children & young people

Standard 2: Understand your role as a foster carer

Standard 3: Understand health and safety, and healthy care

Standard 4: Know how to communicate effectively

Standard 5: Understand the development of children and young people

Standard 6: Keep children and young people safe from harm

Standard 7: Develop yourself

Carers have 12 months from their date of approval to complete all 7 Standards

New carers will be invited to attend workshops to work through each of the standards.

Workshops will run as follows:

Workshop	Date	Time	Venue
Standard 1	Thu 08/06/2017	10.15 – 14.30	Perceval House
Standard 2	Wed 05/07/2017	10.15 – 14.30	Perceval House
Standard 3	Fri 15/09/2017	10.15 – 14.30	Perceval House
Standard 4	Wed 18/10/2017	10.15 – 14.30	Perceval House
Standard 5	Thu 09/11/2017	10.15 – 14.30	Perceval House
Standard 6	Wed 06/12/2017	10.15 – 14.00	Perceval House
Standard 7	Wed 10/01/2018	10.15 – 14.30	Perceval House

Drop-in Sessions will run as follows:

Session 1	Wed 19/07/2017	10.15 – 14.30	Perceval House
Session 2	Fri 24/11/2017	10.15 – 14.30	Perceval House
Session 3	Thu 18/01/2018	10.15 – 14.30	Perceval House
Session 4	Thu 01/02/2018	10.15 – 14.30	Perceval House

Your supervising social worker/support worker will help you to draw up a Personal Development Plan, which will identify learning activities to help you to complete the standards.

Foster Carer Support Group Meetings

There are monthly support groups that provide information and allow carers to be able to network and form good working relationships. These are informal sessions and for the majority of the groups, a key speaker will attend to talk on specific topics of interest.

Daytime Support Group Dates

Ealing Quaker Meeting House
10am – 12pm (Crèche & parking available)

- Thursday 22nd June 2017
- Thursday 14th September 2017
- Thursday 16th November 2017
- Thursday 14th December 2017
- Thursday 8th February 2018

Evening Support Group Dates

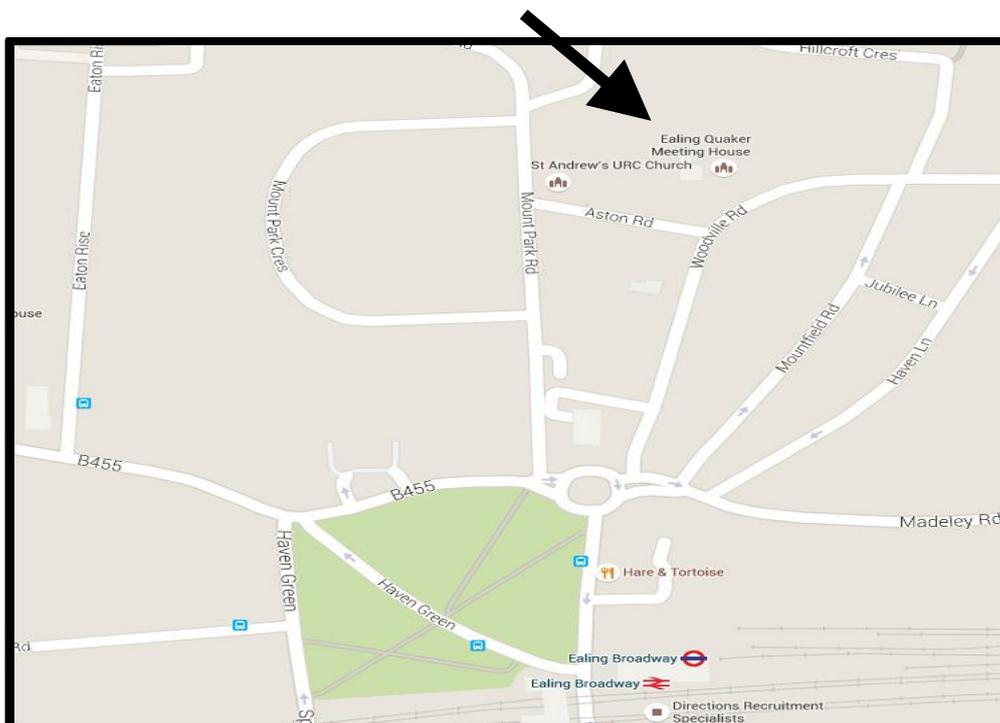
Perceval House
6.30pm – 8.30pm

- Thursday 18th May 2017 M0.19/20
- Thursday 13th July 2017 M0.19/20
- Thursday 19th October 2017 M2.12
- Thursday 11th January 2018 M2.12
- Thursday 8th March 2018 M2.12

Map of Ealing Quaker Meeting House

17 Woodville Road, Ealing W5 2SE

Contact: 020 3397 1988

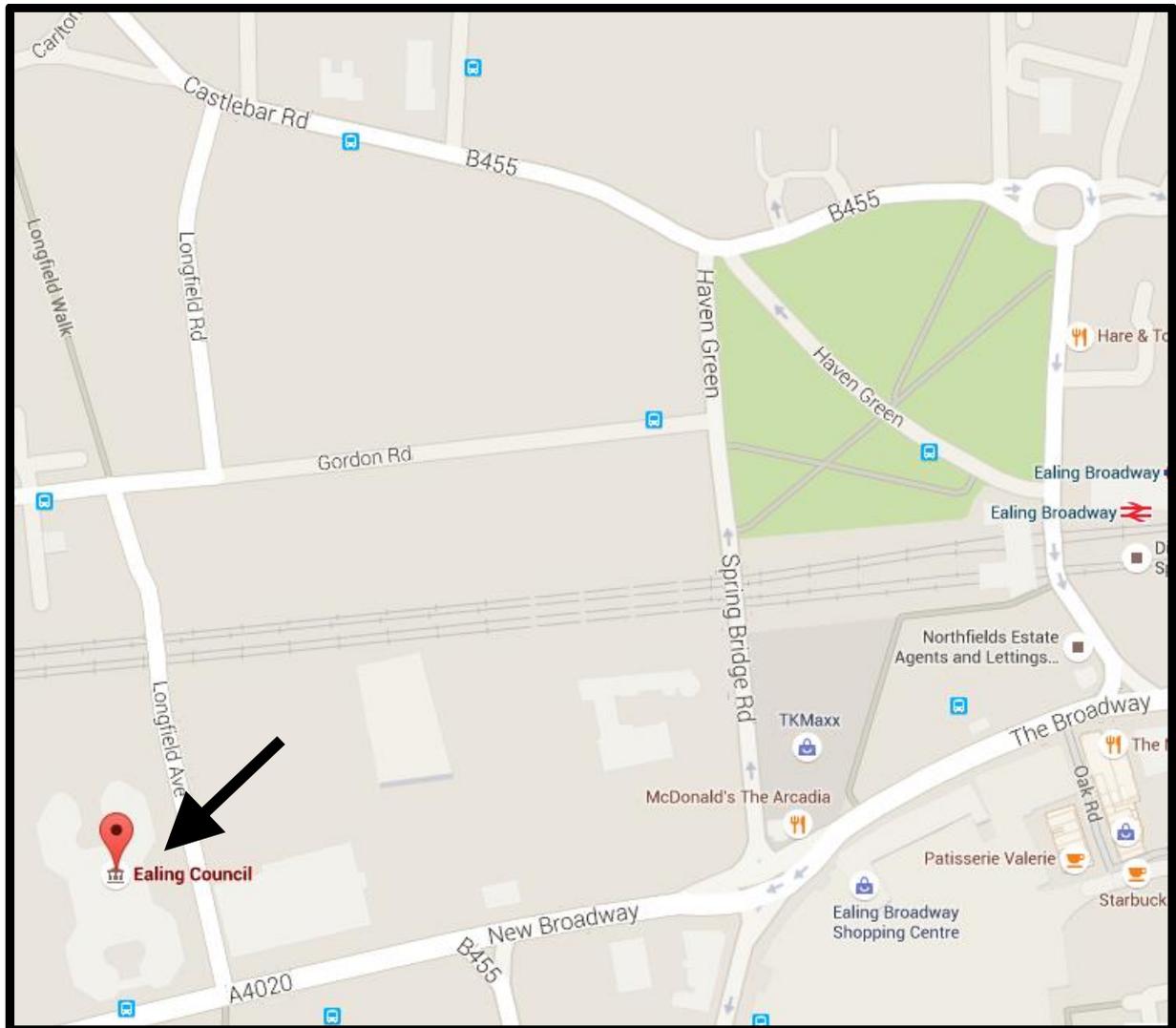


Map of Perceval House

Ealing Council, 14-16 Uxbridge Road, Ealing W5 2HL

Contact: 020 8825 5000

Please use staff entrance on Longfield Avenue



Directions: From Ealing Broadway Tube Station, turn left towards The Broadway. At the traffic lights turn right onto The Broadway. Continue straight, past the shopping centre, past the church and the Town Hall. Perceval House is on the corner of Longfield Avenue

Local Buses: E2, E7, E8, E11, 83, 207, 427, 607

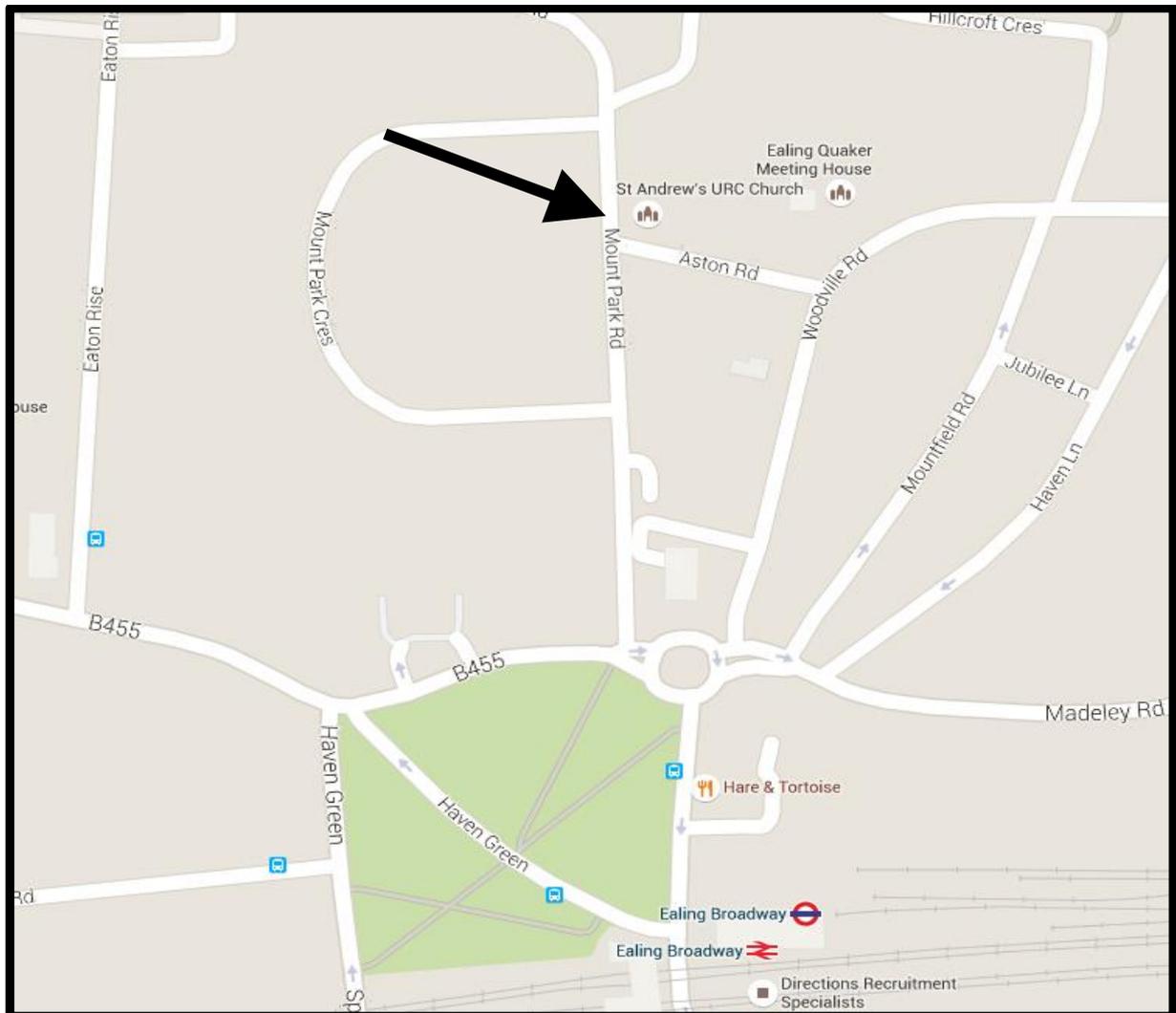
Parking: There is limited parking in the area. Parking meters can be found on Longfield Avenue and off street parking is available at restricted hours (10am-3pm) on local side roads

Underground/Trains: Ealing Broadway Station

Map of St. Andrews Church Centre

Mount Park Road, Ealing W5 2RS

Contact: 020 8566 9642



Directions: From Ealing Broadway station, turn right at the main exit (Haven Green will be on your left). You will come to a small roundabout, Mount Park Road is the 2nd exit off the roundabout and St Andrew's Church Centre is about 100 yards on the right.

Local Buses: E1, E2, E7, E8, E9, E10, 65, 112, 297, PR1

Parking: St Andrews Church Centre has a small car park for visitors and users of the centre. This is on Kings Avenue, which is on the road directly to the left of the centre. There is also restricted hours off-street parking in the area.

Underground/Trains: Ealing Broadway Station